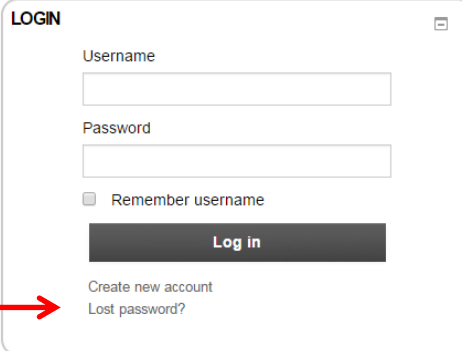


Forgotten password- My heart, my life e-learning

Step 1

At the log in screen, click on 'Lost password?'



The screenshot shows a 'LOGIN' form with the following elements: a 'Username' input field, a 'Password' input field, a 'Remember username' checkbox, a 'Log in' button, and two links at the bottom: 'Create new account' and 'Lost password?'. A red arrow points from the left towards the 'Lost password?' link.

Located at the bottom right of the home page

Step 2

Submit your username or your email address in one of the boxes provided.

Search by username

Username

Search

Search by email address

Email address

Search

If your details are in the database, a message will be sent to your email address with instructions regarding how to establish access again.